



REACH YOUR FITNESS GOALS

SIS Circle Running Team

OPEN TO ALL LEVELS: RUNNERS, JOGGERS, WALKERS



10 - WEEK PROGRAM
JANUARY 27 - MARCH 24

- Join anytime
- 5 training runs
- Weekly tips & tricks emails
- Participation in our private Facebook group
- 15% off Oakland Running Festival
- Post race tent entrance (giveaways)

Sign-up for info:
bit.ly/siscirclerunningteam



Strength in Sisterhood

SISCIRCLE.COM